

JANUARY 2012 WEYMOUTH PRIMARY SCHOOLS BREAKFAST AND LUNCH MENU

ICE CREAM FRIDAYS - 0.75 CENTS

ALTERNATE LUNCH - CHEESE SANDWICH, FRUIT, MILK, JUICE
 MILK, 100% JUICE, AND FRUIT ARE SERVED WITH ALL MEALS.

BREAKFAST - 0.75

LUNCH WITH MILK - \$2.25

MILK ONLY - 0.50

BREAKFAST									
BREAKFAST EVERY MONDAY		BREAKFAST EVERY TUESDAY		BREAKFAST EVERY WEDNESDAY		BREAKFAST EVERY THURSDAY		BREAKFAST EVERY FRIDAY	
CEREAL CHILLED FRUIT MILK		FRENCH TOAST CHILLED FRUIT MILK		CHEESE OMELET CHILLED FRUIT MILK		WHOLE WHEAT CINNAMON BUN CHILLED FRUIT MILK		BLUEBERRY BREAD CHILLED FRUIT MILK	
CHEESE STICK OR YOGURT IS AVAILABLE WITH ANY BREAKFAST									
MONDAY	1/2	TUESDAY	1/3	WEDNESDAY	1/4	THURSDAY	1/5	FRIDAY	1/6
NEW YEARS DAY OBSERVED NO SCHOOL		STUFFED CRUST CHEESE PIZZA FRUIT JUICE		PANCAKES SAUSAGE LINKS APPLE SLICES JUICE		MEATBALL SUB PICKLES VEGETABLES FRUIT / JUICE		GRILLED CHEESE SANDWICH CUCUMBER WHEELS BAKED POTATO CHIPS FRUIT / JUICE	
MONDAY	1/9	TUESDAY	1/10	WEDNESDAY	1/11	THURSDAY	1/12	FRIDAY	1/13
SONNY'S FAMOUS NORTH END CHEESE PIZZA CARROTS FRUIT JUICE		RIB-A-QUES ON A BUN VEGETABLES BAKED POTATO CHIPS FRUIT JUICE		POPCORN CHICKEN RICE AND CORN CRANBERRY SAUCE FRUIT JUICE		NACHOS with SEASONED GROUND BEEF CHEESE SAUCE / SALSA SCOOPABLES FRUIT / JUICE		EGG, SAUSAGE, & CHEESE ON AN ENGLISH MUFFIN APPLESAUCE JUICE	
MONDAY	1/16	TUESDAY	1/17	WEDNESDAY	1/18	THURSDAY	1/19	FRIDAY	1/20
MARTIN LUTHER KING JR. DAY NO SCHOOL		STUFFED CRUST CHEESE PIZZA APPLE JUICE		HAMBURGER or CHEESEBURGER POTATO PUFFS FRUIT JUICE		CHICKEN NUGGETS MACARONI AND CHEESE GARDEN SALAD FRUIT JUICE		ALL BEEF HOT DOG ON A BUN VEGETARIAN BEANS NUTRI GRAIN FRUIT BAR FRUIT JUICE	
MONDAY	1/23	TUESDAY	1/24	WEDNESDAY	1/25	THURSDAY	1/26	FRIDAY	1/27
SONNY'S FAMOUS NORTH END CHEESE PIZZA CARROTS FRUIT / JUICE		CHICKEN PATTY ON A BUN SMILEY FRIES FRUIT JUICE		FRENCH TOAST STICKS SAUSAGE STRAWBERRIES JUICE		CHEESE RAVIOLI WITH SAUCE WHOLE WHEAT DINNER ROLL APPLE CRISP JUICE		WARM HAM & CHEESE on a BAGEL GOLDFISH CRACKERS FRUIT JUICE	
MONDAY	1/30	TUESDAY	1/31	MANAGE YOUR STUDENT'S MEAL ACCOUNT SIMPLY GO TO WWW.MEALPAYPLUS.COM SIGNUP IS FREE					
SONNY'S FAMOUS NORTH END CHEESE PIZZA FRUIT JUICE		STEAK & CHEESE SUB GARDEN SALAD BAKED POTATO CHIPS FRUIT / JUICE							

YOU MAY PREPAY FOR YOUR CHILD'S BREAKFAST AND LUNCH.
 SEND IN A CHECK WITH YOUR CHILD'S FULL NAME,
 AND GRADE RECORDED ON THE MEMO LINE.
 MADE OUT TO WEYMOUTH PUBLIC SCHOOLS
 OR GO TO WWW.MEALPAYPLUS.COM



OUR MEALS ARE PLANNED TO COMPLY WITH THE
 "USDA RECOMMENDED GUIDELINES".
 EACH CHILD MUST TAKE A MINIMUM OF THREE
 FOOD GROUPS TO CONSTITUTE A MEAL.
 * menu subject to change without notice

QUESTIONS AND COMMENTS ARE WELCOME - CONTACT DAVID ZEOLI 781-337-8430
 EMAIL ADDRESS: DAVID.ZEOLI@WEYMOUTHSCHOOLS.ORG